

***Jean Ann Makena Marangu, M.D.***

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09/21/2015

***EDUCATION***

- 1976 - 1980** Olivet Nazarene University, Kankakee, IL  
B.A. (Magna Cum Laude), Zoology
- 1980 - 1981** Howard University, Washington, D.C.  
Graduate Studies in Physiology
- 1981 - 1982** American University, Washington, D.C.  
Honor Fellow, International Development
- 1982 - 1987** Medical College of Virginia, Richmond, VA  
Medical Doctorate M.D.

***POSTDOCTORAL TRAINING***

- 1987 - 1992** University of Medicine and Dentistry of New Jersey, Newark, NJ  
General & Trauma Surgery Residency
- 1992 - 1993** University of Southern California, Los Angeles, CA  
Joseph H. Boyes Foundation  
Hand Surgery Fellowship
- 1993 - 1995** University of California, Irvine, CA  
Plastic Surgery Residency
- 1995 - 1996** Associate Jeffrey Allan Klein M.D.  
Tumescent Liposuction Surgery
- 1996 – 2015** Private Practice in Plastic Surgery & Age Management Medicine
- 2003** Board Certified by the American Board of Anti-Aging Medicine

***MEMBERSHIP***

- 1997 - Present** California Medical Association
- 1997 - Present** Orange County Medical Association
- 1997 – Present** Mission Hospital Foundation

## ***MEMBERSHIP - continued***

<b>1998 - Present</b>	American Society for Laser Medicine and Surgery, Inc. “FELLOW” status as of 2003
<b>1998 – 1999</b>	The North American Academy of Cosmetic and Restorative Surgery
<b>2000 – Present</b>	American Academy of Anti-Aging Medicine Diplomat of the American Academy of Anti-Aging Medicine
<b>2004 – Present</b>	Examiner. American Academy of Anti-Aging Medicine
<b>2004-Present</b>	International Hormone Society

## ***HONORS***

<b>1979 &amp; 1980</b>	<i>Who's Who Among Student in American Colleges and Universities</i>
<b>1980</b>	International Youth in Achievement Award
<b>1980</b>	Phi Delta Lambda, Scholastic Honor Society
<b>1980</b>	Sigma Tau Delta, English Honor Society
<b>1980</b>	<i>The National Register of Outstanding College Graduates in America</i>
<b>1981</b>	Graduate Honor Fellowship, American University
<b>1983 - 1985</b>	Fellowship, United States Agency for International Development and World Council of Churches
<b>1987</b>	Alpha Sigma Chi Leadership Fraternity, Medical College of Virginia
<b>1987</b>	Reader's Digest International Fellow, Medical Assistant Program
<b>1989</b>	Young Women Achievers Award, National Council of Women
<b>1989</b>	Honorary Fellow, International Reed Institute for the Advanced Study of Leadership
<b>1993</b>	F. Edward Johnson Outstanding Achievement in Service to Children Award, African Development Foundation. Presented at the National Museum of African Art/Smithsonian, Washington, D.C.

## ***MEDICAL LICENSURE***

**California: 1992 - Present**

## **HUMANITARIAN PROJECTS**

- 1990 - Present** SAIDIA for Children of Africa, New York, NY  
President/Founder  
*SAIDIA is a non-profit organization providing surgical aid to children of Africa. Founded with Dr. Richard Leakey.*
- 1987** Operation KIDS, Richmond, VA  
Co-Chairman  
*Spearheaded Kenya International Development and Surgery (KIDS) project, which sponsored a team of plastic and reconstructive specialists from the Medical College of Virginia to work in Kenya. They repaired cleft lip and palate deformities, club feet, postpolio orthopedic conditions and severe burns. This effort resulted in elimination of a waiting list in excess of two years. Functioned as primary coordinator and liaison between MCV Hospitals and Kenyatta National Hospital in Nairobi. Personally secured eight tons of donated medical supplies and equipment and their gratuitous shipment from Europe to Africa.*
- 2006** Founder of “**Answer Africa**”  
A non-profit organization dedicated to the eradication of malaria in Africa. From September 2006 through September 2015, Answer Africa has raised funding and donated medical supplies, medical equipment and microscopes valued at over \$600K as well as an additional \$700K raised to provide over 200K mosquito nets to rural areas and villages in Kenya.

## **POSITIONS HELD**

- 1983** Chairman  
African Famine Relief, Medical College of Virginia, Richmond, VA
- 1983 - 1985** President  
Student Medical Society of the Medical Society of Virginia
- 1994 - 1995** Chairman, Scholarship Committee  
International Reed Institute for the Advanced Study of Leadership
- 1998 – Present** Auxiliary Member  
Camino Health Center Auxiliary

## ***OTHER ACTIVITIES***

- 1979** International Student Mission Corps, Italy
- 1990, Sept. 29-30** **UNITED NATIONS – SAIDIA Delegate**  
SAIDIA Delegate to UNICEF World Summit for Children
- 1991** Member, Expert Committee of the Women’s Commission for Refugee/Displaced Women and Children (International Rescue Committee).
- 1991** SAIDIA Delegate to the African/African-American Summit, Abidjan, Ivory Coast.
- 1991 – 1994** Advisory Board. African Development Foundation.
- 1992** Surgery in the Third World Conference, Long, England.
- 2000 – 2004** CABLE TELEVISION  
Featured weekly on the Trinity Broadcast Network (TBN)  
***“DOCTOR to DOCTOR”*** Program
- 2001** RADIO – KHPY (1530 AM)  
Host of ***“The Wellness Hour with Dr. Makena”***  
Daily from 12 Noon until 1PM

## ***SEMINARS/SYMPOSIA ORGANIZED***

SAIDIA African Scholars Program.  
Established in 1991 - ongoing.

“Reducing Infant Morbidity/Mortality.” Course led by Clint Davis, M.D. University of Ghana Medical School at Korle-Bu, Ghana, Africa. Sponsored by SAIDIA.  
January 1992.

“The Assessment of Trauma Care at the University of Ghana Medical School at Korle-Bu, Ghana,” by Ken Swan, M.D., Chief of General Surgery, University of Medicine & Dentistry of New Jersey Medical School. Ghana, Africa. Sponsored by SAIDIA.  
April 26 - May 10, 1992.

## ***SEMINARS/SYMPOSIA ORGANIZED - continued***

“Surgical Treatment of Anorectal Malformations.” A Pan African Pediatric Surgery Workshop led by Alberto Pena, M.D. of Long Island Jewish Hospital. University of Nairobi School of Medicine, Kenyatta National Hospital, Nairobi, Kenya. Sponsored by SAIDIA. November 2-4, 1992.

“Advanced Pediatric Life Support Course.” The first such course given in sub-Saharan Africa. Led by faculty from Johns Hopkins University School of Medicine in partnership with faculty of University of Nairobi School of Medicine, Kenyatta National Hospital, Nairobi, Kenya. Sponsored by SAIDIA. November 17-19, 1992.

“Care of Acute and Chronic Traumatic Hand Injuries.” University of Nairobi School of Medicine, Kenyatta National Hospital, Nairobi, Kenya. Sponsored by SAIDIA. October 1993.

“Advanced Pediatric Life Support Course.” Course taught by faculty from John Hopkins University School of Medicine in partnership with the University of Ghana Medical School at Korle-Bu. Ghana, Africa. Sponsored by SAIDIA. November 18-20, 1993.

Pan African Association of Pediatrics Surgeons Conference. University of Nairobi School of Medicine, Kenyatta National Hospital, Nairobi, Kenya. Sponsored by SAIDIA. March 1994.

“Trauma Life Support Course.” Taught by faculty from the University of Medicine and Dentistry of New Jersey. National Association of Resident Doctors of Nigeria, Annual Meeting. University of Lagos Medical School, Igbobi Hospital, Lagos, Nigeria. Sponsored by SAIDIA. September 7-11, 1994.

## ***PRESENTATIONS***

“SAIDIA for Children of Africa: Justification for Including Surgical Care in the African Development Agenda”  
United Nations. New York City, NY.  
October 22, 1990.

UNICEF-The day of the African Child. “The Day of the African Child: Why Celebrate? - A Look at the Plight of Children in African”  
United Nations. New York City, NY.  
June 16, 1991.

“Summary Report of the Progress and Programs of SAIDIA for the Children of Africa”  
“The Transfer of Medical Knowledge Within Urban and Rural Areas in Africa”  
United Nations. New York City, NY.  
October 21, 1991.

## ***PRESENTATIONS - continued***

UNICEF-The Day of the African Child. "A Proposal for On-Site Education of African Pediatric Specialists"

Rhiga Royal, New York City, NY.

June 13, 1992.

"Median Nerve: Injuries, Compression, Tendon Transfers"

Los Angeles Hand Conference, Hand Surgery Lecture, Orthopedic Hospital, Los Angeles, CA.

January 28, 1993.

"Why Surgical Care for Children in Africa Should Be On The Development Agenda"

African Development Foundation. National Museum of African Art/Smithsonian, Washington, D.C.

February 1, 1993.

"Flexor Tendon Reconstruction: Secondary Grafts, Tenolysis"

Los Angeles Hand conference, Hand Surgery Lecture, Kaiser Permanente, W. Los Angeles, CA.

May 13, 1993.

UNICEF-The Day of the African Child. "Dreams Do Come True: SAIDIA for Children of Africa's Role in the Formation of the Pan African Association of Pediatric Surgeons"

Yale Club, New York City, NY.

June 19, 1993.

"Operations SAIDIA: Fulfilling the Reconstructive Needs in Africa"

National Medical Association Meeting, San Antonio, TX.

August 11, 1993.

SAIDIA for Children of Africa: The Need for Surgical Care in Africa"

Grand Rounds, University of California-Irvine, Irvine Medical Center.

**October 11, 1993**

"Management of Facial Trauma"

University of Ghana Medical School at Korle-Bu, Ghana, Africa.

**November 18-20, 1993**

"Refinements in Bilateral Cleft Lip Closure" (Marangu JAM and Furnas DW)

Annual Meeting of the Southern California Chapter of American College of Surgeons Newport Beach, CA.

**January 21-23, 1994**

"Cleft Lip and Palate Surgery"

Grand Rounds, University of California-Irvine, Irvine Medical Center.

**January 24, 1994**

"Facial Nerve Injuries: Acute and Chronic Reconstruction"

## ***PRESENTATIONS - continued***

Grand Rounds, University of California-Irvine, Irvine, Medical Center.  
**June 6, 1994**

“Fractures of the Hand”  
National Medical Association Convention. Orlando, Florida  
**July 24, 1994**

“Refinements in Bilateral Cleft Lip Closure”  
National Medical Association Convention. Orlando, Florida  
**July 25, 1994**

“Summary Report of the Progress and Activities of SAIDIA for Children of Africa-Assessment of Programs and Future Directions.”  
United Nations. New York City, NY.  
**November 19, 1994**

“What I Never Learned in College”  
Sigma Phi Mu Dinner, Point Loma Nazarene College, San Diego, CA.  
**March 4, 1995**

## ***PUBLICATIONS***

Marangu JAM:  
“Population Growth and Development in Kenya: A Field Study”  
American University, 1989.

Marangu JAM, Gnassi A, Chung HR, Stillert CR, Lazaro EJ:  
“Acute Chylous Peritonitis”  
*Digestive Surgery*, Vol. 8, No. 3:194-196, 1991.

Tortella BJ, Swan KG, Donahoo JS, Tischler C, Marangu JAM, Orjiako ABC, Sharples C, Swan BC:  
“Trauma Life Support Education: A Didactic and Caprine Laboratory Course Improves Nigerian Physician Knowledge in the Assessment and Treatment of Trauma Patients”  
(Submitted for Publication)

FACE To FACE – Cover Your Options For Looking Younger  
Co-Authored with Dee Simmons